

Ginowan City Newsletter

February 2019

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特定健診受診日

受診期間: 特定健診 平成31年 4月 1日~平成32年 3月3 人間ドック 平成31年 4月 1日~平成32年 1月3

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Ginowan City Hall 🛛 1-1-1 Nodake, Ginowan City, Okinawa 🛮 🕿 098-893-4411

New National Health Insurance Card

Starting April 1st, members will switch from a sky blue card to an olive green card. Current Card

Insurance Certificate

Please make sure to show your insurance card at the front desk when visiting a medical facility.

XIf you prefer generic drugs, please place the generic drug sticker on a blank space of your card.

2 Subsidy Recipient Certificate individuals between 70 and 74 years of age Your individual payment rate for medical care (visit or stay) will be recorded here.

Specific Medical Checkup Ticket

This is for a basic health checkup (body and blood pressure measurements, blood and 3 urine tests, medical examination, etc.) XFree of charge for all members.

Cancer Checkup Ticket

Cancer Checkup(s) available for you will be written here (Stomach cancer exam, Colon cancer exam, lung cancer exam (X-ray), sputum exam for lung cancer, Hepatitis Type B & C exam, Osteoporosis exam.)

%The space will be left blank if you are not eligible for any checkup at this time. Individual payment is not required for some members. People over the age of 40 may do these tests as a comprehensive medical checkup "Ningen Dock" (subject to charges.)

Remember to switch your card!

Households who have paid all due premiums (Until the 7th installment for 2018, due on January 31st 2019) will receive the new card(s) in the mail at the beginning of March.

Please contact us if you have not received the new card(s) by the end of March. *Some people will have to visit the city hall in order to get their new card. The concerned individuals will receive a notification in the mail (addressed to the head of household.)

Please make sure to complete the procedure by the end of March!

Contact: Kokumin Kenko Hoken Ka (National Health Insurance Division) 2893-4411 Ext. 138, 139, 273

Citizen Division: March and April are very busy months!

Please be aware that the citizen division at the city hall is very crowded in March and April. If you plan a visit, please allow plenty of time as the wait may go over an hour at times.

Contact: Shimin Ka (Citizen Division) **B**Ext. 108, 109, 472

Bus Tour to Rediscover Ginowan "BuraGinowan /Ginowandering" looking for participants

The Ginowan City International Exchange Friendship Association is hosting a bus tour for both Japanese and Foreign residents, so that we can visit tourist spots and cultural properties in Ginowan City together. How about learning more about Ginowan's history, culture and natural environment while connecting with one another?

Bus Route: Oyama Taimo Fields→Ginowan Marin Support Center → Ginowan City Museum→Kakazu Takadai Park

accompanied by a guardian.

Contact: GIFEA Office inside Shimin Kyodo Suishin Ka (Civic Cooperation Promotion

This excerpt from the city's newsletter is published by Ginowan City Hall's Shimin Kyodo Suishin Ka (Civic Cooperation Promotion Division), in hopes of helping residents who may have trouble reading or understanding Japanese. This English version is not an official translation of the original Japanese version. Ginowan City Hall and its translator will individually or jointly accept no responsibility or liability for damage or loss caused by any error, inaccuracy, misunderstanding, or changes in regard to this translation.

Administrative services are provided in Japanese only, unless otherwise stated.

English Interpreter: \$\mathbf{2098-893-4411}\$ (Ext. 577) during office hours. \$\infty\$ tuuyaku@city.ginowan.okinawa.jp

Date: March 2nd (Sat) 9:30~15:30

Meeting Place: Ginowan City Hall Fee: 500 yen (lunch included) Spots: 50 XPeople under the age of 18 must be

Division) 2893-4119



Health and Welfare News II

Due date for National Insurance Tax & Premium for the Medical Care System for People Aged 75 and Over (8th Payment): Thursday, February 28th!

Please do not forget to pay by the due date!

offer payment consultation necessary. For any issues concerning notifications received in the mail, difficulty to pay, lost payment slips, etc., please contact:

Kokumin Kenko Hoken Ka (National Health Insurance Division): 2893-4411

About Insurance Tax: ☎Ext. 142~145

About the Medical Care System for People Aged 75 and Over: Ext. 146



Due date for Fixed Property Tax (4th payment): February 28th (Thur)

~To ensure tax burden equity~

To ensure fairness for tax payers, the city conducts lawful delinquent tax collection Reception hours: $8:30\sim11:45$, $13:00\sim17:00$ such as investigation and seizure of weekdays only property for those who do not pay by the Location: Kodomo Kikaku Ka (Child Planning due date despite having been notified Division) 2461 through written demands.

- Written demands, phone calls, home and workplace visits
- 2 Investigation of property to public agencies and financial institutions
- 3 Salary inquiries to the workplace for seizure of salary
- 4 Collection of delinquent tax through public auction and seizure of savings, salary, real estate and automobile, etc.

Tax	Fixed Property Tax	Resident Tax	Light Motor Vehicle Tax
1st	May 1st	July 2nd	May 31st
2nd	July 31st	Aug. 31st	
3rd	Deo. 25th	Oct. 31st	
4th	Feb. 28th	Jan. 31st	

~Let us know if you are struggling to pay your taxes~

offer tax payment consultation services if you are struggling to pay your taxes due to unavoidable circumstances (unemployment, illness in the family, etc.). Please contact us.

Contact: Nozei Ka (Tax Payment Division) **☎**Ext. 246 ~257

Tax Return Season!

⇒From February 18th to March 15th

For more information, please check the January 2019 issue 1

Partial subsidy for After-school Kids Clubs (Gakudo) fees

Eligible Households: Persons residing Ginowan who are the guardian of a child or children attending an after-school club and meeting the following requirements:

①Receives the Single-Parent Child Allowance (Jido Fuyo Teate) or the Single-Parent Medical Expense Assistance (Boshi Fushi Iryohi Josei)

- 2 Receives public assistance
- ③ Is exempted from resident tax
- 4 Their city tax income levy is less than 48.600 ven
- (5) Other conditions that the Mayor deems appropriate

Subsidy: The subsidy is per child attending an after-school kids club, for the club usage period after April 2018 and applies to the amount obtained by deducting 5,000 yen from the monthly fee amount. From that amount, up to 5,000 yen for $\bigcirc \sim \bigcirc$ and up to 3,000 yen for 4, 5 will be subsidized. eligible fees (club usage fees+ snack fees)

March Health Calendar

Mother and Child-F Checkups and Clas (at the Health Couns	Reception Hours	
Infants general checkup	16th (Sat)	9:00~11:00 13:00~14:45
18-month-old checkup	7th & 20th (Wed)	13:15~14:00
2-year-old dental examination	14th (Thur)	13:15~14:45
3-year-old checkup	6th (Wed) & 15th (Fri)	13:15~14:00
Child-mother health checkup consultation	5th & 19th (Tue)	9:30~10:30
Manman class (baby food class)	22nd (Fri)	13:30~
"Nobikko" parent and child class	12th (Tue)	Please contact us
"Kounotori" club (parents class)	2nd (Sat)	9:30~
Koala Club (childcare class)	1st & 8th (Fri)	13:30~
Health Cor	Reception Hours	
Health Counseling	Every Mondays, Tuesdays and Fridays (holidays excluded)	13:00~15:00
Center ☎898-5583	Every Tuesdays and Wednesdays (holidays excluded)	9:00~11:00

Pneumococcal Vaccination for Seniors

http://www.city.ginowan.okinawa.ip

/cityguide/kouryu/kokusaikouryuu/

newsletter2019.html

People eligible for this year's vaccination have been sent a notice in April.

Vaccination Period: Until March 31st 2019 Eligibility: *The notice has been sent to those described in 1.

- ① People turning 65, 70, 75, 80, 85, 90, 95 or 100 years old between April 1st 2018 and March 31st 2019
- 2 People over 60 but less than 65 years old, with an illness that affects the functioning of the heart, kidneys or respiratory system which extremely restricts them in daily life, or those with an affected immune system due to HIV which makes daily life almost impossible

Number of doses: 1 (PPSV23)

X People who have already received the PPSV23 vaccine are not eligible for this routine vaccination. Fee: 4,000 yen (Free of charge for those on public assistance) % For more information, please check your notice or the city's website.

Contact: Kenko Sodan Center (Health Counseling Center) 8 898-5583

MR (Measles-Rubella) Vaccination

Households with eligible child(ren) have been sent notification letters.

Eligible children:

1st stage: Children between 1 and 2 years old (until the day before their 2nd birthday)

2nd stage: Children born between April 2nd 2012 and April 1st 2013 (before entering elementary school)

Vaccination period:

1st stage: Until the day before their 2nd birthday 2nd stage: Until March 31st 2019

Vaccination site: Designated medical facilities **Cost:** Free for eligible children (see above)

★ The MR vaccine given to children under 12 months old is administered during emergency situations. It is very important that the child receives the other stages (I and II) as well!!

Contact: Kenko Sodan Center (Health Counseling Center) 28 898-5583

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We offer interpreting services at the Ginowan City Hall. WHEN: Monday to Friday,

> 10:00~17:00 (12:00~13:00 Lunch break)

Free of charge!

Please ask for the interpreter at any service counter.

Contact: Civic Cooperation Promotion Division (Shimin Kyodo Suishin Ka) 23098-893-4411 (Ext. 577)

⇒ tuuyaku@city.ginowan.okinawa.jp