



Ginowan City Newsletter

1-1-1 Nodake, Ginowan City | 098-893-4119

FY2023 GO!GO! TOKUTOKU SPECIFIC HEALTH CHECKUP CAMPAIGN

3,000 yen coupon for UNION and SAN-A will be given to all eligible persons who complete a medical examination

Ginowan City's annual physical checkup rate remains one of the lowest in the prefecture, where only 30% of eligible residents undergo a checkup.

By undergoing a specific health checkup and reviewing your daily lifestyle habits, you can prevent the aggravation of lifestyle-related diseases such as stroke and the need for artificial dialysis due to decreased kidney function. Aiming for a specific health checkup rate of 50% (by FY 2024), the city will give all those who have undergone the following examinations a **3,000 yen coupon for supermarkets UNION and SAN-A**. Please take advantage of this opportunity to have a health checkup.

Eligible persons who complete a checkup by September will be entered into a draw where 30 people will be chosen to win a shopping coupon with a value of 10,000 yen!

■ Eligibility (must fulfill both ① and ②)

1. **NHI insured person who will be ages 40-74 as of March 31, 2024**
 - in other words, NHI insured persons with birthdays between 01-APR-1949 and 31-MAR-1984
2. **He/she must have completed:**
 - a specific health checkup (*tokutei kenshin*) between 01-APR-2023 and 31-MAR-2024, or;
 - a complete medical examination (*ningen dokku*) between 01-APR-2023 and 29-FEB-2024

■ How to get your coupons (no paperwork needed!)

- If getting a checkup at a hospital/clinic of your choice ➔ the coupons will be mailed to you approximately 3 months after your checkup
- If participating in the mass (group) health examination* ➔ the coupons will be distributed at the venue

***See the April issue of the newsletter for more information about the mass health examination.**

For inquiries, please contact the Health Promotion Division at 098-898-5598.

GINOWAN POPULATION AS OF APRIL 2023

Total population	99,962 (+205)
Foreign nationals	1,616 (+37)
Nationalities	51 (±0)
Total households	47,000 (+202)

ACADEMIC SUPPORT FOR JUNIOR HIGH STUDENTS IN SINGLE PARENT FAMILIES

Free of charge

Students from the Okinawa International University are providing an *ibasho* (a place where one can feel safe or at home) and academic support to junior high school students. Take this opportunity to connect with university students through studying and playing sports and games!

► Schedule

- Tuesdays 18:00-20:00 at the Okinawa International University
- Thursdays 18:00-20:00 at the Aragusuku Children's Centre

*Not available on weekends and holidays. Schedule is subject to change.

► Eligibility

- Junior high school students from single-parent families

For more information, please contact the Children and Families Division at 098-893-4642.

COVID-19 Vaccination

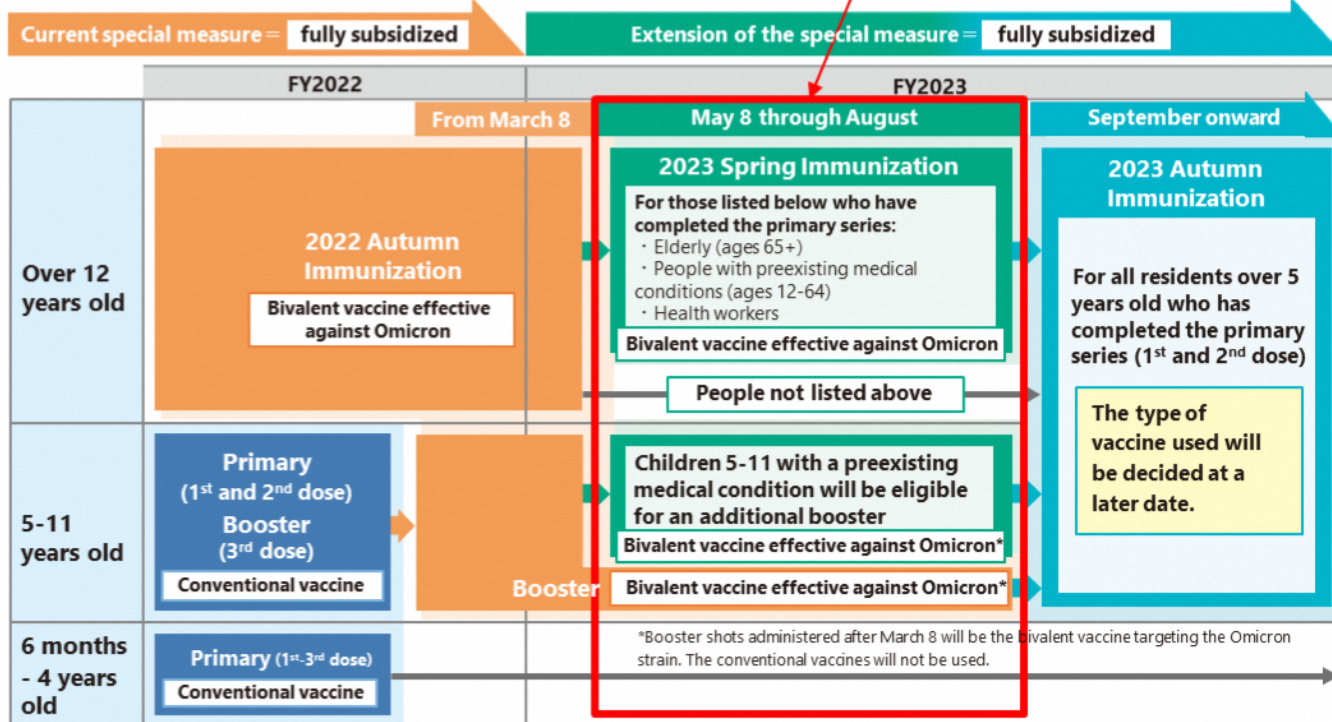


The COVID-19 vaccine continues to be fully subsidized for all residents in FY2023



FY2023 COVID-19 Immunization Program

Individuals eligible for the immunization program that begins on May 8



Note: For a proof of vaccination, please contact your municipality.

If you have never been vaccinated...

Get vaccinated with the 1st and 2nd dose (conventional vaccines)

Note: You will be eligible for the bivalent Omicron vaccine 3 months after your 2nd dose.

FAQs

Q1. Why does the FY2023 vaccination program begin in May? How long should I wait to get a booster?

A1. Data of the past few years show a pattern of a peak in infections during the year-end and New Year period. While into consideration that vaccine effectiveness (in preventing the development of severe symptoms) drops after 6 months and that 6 months have elapsed since the peak of the vaccination season that administered the bivalent vaccine effective against the Omicron strain to the elderly, the government has decided to begin the FY2023 Spring Immunization in May. Residents ages 5 and above will be eligible for the booster in autumn 2023. Although pharmaceutical regulations require an interval of at least 3 months between the last vaccination and booster, this does not mean that government is requiring residents to get vaccinated 3 months after their most recent dose.

If you would like to get vaccinated, please follow the government's recommendations.

Q2. When do I get my vaccination voucher?

A2. Only those eligible for the FY2023 Spring Immunization (see illustration above) can begin receiving their shots from May 8. The vouchers will be mailed out as follows.

Those who received the booster targeting the Omicron strain during the 2022 Autumn Vaccination Program

The voucher will be mailed to eligible residents over 65 who has received their most recent dose more than 3 months ago beginning in April.

Those who were issued a voucher for the 2022 Autumn Vaccination Program but have not yet been vaccinated

The voucher remains valid.

The following individuals must apply to have a voucher issued

People with preexisting medical conditions, health workers, those who lost their voucher, and those who recently moved into Ginowan City must contact the COVID-19 Vaccination Project Team to have their voucher issued.

<Contact Us>

COVID-19 Vaccination Project Team (Ginowan City Health Consultation Centre)

☎098-898-5583