



# Notice on COVID-19 Vaccination



## Vaccination process

### 1 Confirm when you can be vaccinated

The COVID-19 vaccine will be administered sequentially to **healthcare workers, the elderly, and those with underlying medical conditions**. Please confirm the order of your vaccination and wait until your turn comes.

- ★For updates, please see the city's website or contact the Ginowan City Call Centre.
- ★Refer to the reverse side for the scope of the elderly and people with underlying medical conditions.



### 2 Find a medical institution or vaccination site

Vaccination site

**Ginowan Municipal Gymnasium (4-2-1 Mashiki, Ginowan City)**

Designated medical facilities in the city

**Refer to the city's website (will also be published on the city newsletter)**

\*With the exception of those who are currently hospitalized or admitted into a facility, the vaccine should be received at the city, town or village where you are registered (place of residence).

See the reverse side for more information about getting vaccinated outside of your registered municipality.

### 3 Make a reservation

Vaccination is on a reservation basis. It will take time to thaw the vaccines. You must make an appointment in advance.

Booking through the city's website

**<https://www.city.ginowan.lg.jp>**

Click on the COVID-19 banner (keyword in Japanese is “コロナワクチン接種”) and proceed to the bookings page.

Booking by telephone

**Ginowan City Call Centre 050-5526-1940**

Available 9:00 a.m. to 5:00 p.m. excluding weekends, holidays, and between Dec. 31 to Jan. 3

Make sure to wear clothes that make it easy to access your shoulders.



### 4 Get your vaccine

Things to bring

- **Vaccination voucher (enclosed in this notice)**
- **Medical questionnaire (enclosed in this notice)**
- **ID (driver's license, health insurance card, etc.)**



\*In order to get the full effect of the vaccine, it is necessary to receive **2 doses** of the same type of vaccine at a 20-day interval. Make an appointment for the second dose only after you have finished receiving your first dose.

\*There are 2 vaccination vouchers. Please use the **YELLOW voucher for the first dose** and the **GREEN voucher for the second dose**.

\*Please measure your temperature at home before your appointment. If you have a fever or do not feel well, please refrain from getting the vaccine and contact the municipal office or medical institution where you made the appointment.

\*The enclosed sheet contains two inoculation vouchers and vaccination certificates. Please bring them with you when you go to receive each dose and **DO NOT** cut or tear them apart.

\*If you lose your vaccination vouchers or medical questionnaire, please contact the Ginowan City Health Consultation Centre at 098-898-5583.

## ◎ Order of inoculation

1	Healthcare workers	Healthcare workers at facilities that provide direct medical care to patients with COVID-19, etc.
2	Seniors	Individuals who will become 65 years of age or above in 2021 (born on or before April 1, 1957). The inoculation schedule may be further divided by age depending on vaccine supply, etc.
3	People with preexisting medical conditions	<p>1. Must be people who will not become 65 years of age or above and who have are hospitalized or receiving outpatient care due to the following medical conditions.</p> <ul style="list-style-type: none"> <li>• Chronic respiratory disease</li> <li>• Chronic heart disease (including hypertension)</li> <li>• Chronic kidney disease</li> <li>• Chronic liver disease (excluding fatty liver and chronic hepatitis)</li> <li>• Diabetes being treated with insulin or medication or diabetes associated with other diseases</li> <li>• Blood diseases (excluding iron deficiency anemia)</li> <li>• Diseases that impair the functioning of the immune system (including malignant tumours under treatment)</li> <li>• Receiving treatment that depresses the immune system, including steroids</li> <li>• Neurological and neuromuscular diseases associated with immune abnormalities</li> <li>• Impaired physical function due to neurological or neuromuscular diseases (respiratory disorders, etc.)</li> <li>• Chromosomal abnormality</li> <li>• Severe mental and physical disabilities (severe physical disabilities and severe intellectual disabilities)</li> <li>• Sleep apnea syndrome</li> </ul> <p>2. Obese individuals who meet the criteria (BMI of 30 or higher)</p> <p>BMI = body weight (kg) ÷ height (m) ÷ height (m) Guideline for BMI of 30: height of 170cm and weight of 87kg, height of 160cm and weight of 77kg.</p>
4	Workers at facilities for the elderly	Workers in social welfare facilities where elderly people live who come into direct contact with the elderly.
5	People between 60 and 64 years of age	Will be inoculated in the same time period as people with preexisting medical conditions based on vaccine supply.
6	Others	Will be inoculated sequentially based on vaccine supply. The inoculation schedule may be further divided by age depending on vaccine supply, etc.

## ◎ Getting vaccinated outside the municipality where you are registered (outside of place of residence)

- If you are receiving the vaccine at the medical institution or facility where you are being hospitalized or admitted → Please consult with your medical institution or facility.
- If you are receiving the vaccine at the medical facility where you are being treated for an underlying condition → Please consult with your physician.
- If your place of residence is different from your registered address → You may be able to receive the vaccine in the district in which you actually live.

Please check the COVID-19 Vaccine Navi (<https://v-sys.mhlw.go.jp>) or contact the consultation office of the municipality in which you live.

## ◎ Your consent is required to receive the vaccine

- ① The COVID-19 vaccine that will be administered is a mRNA vaccine. With any type of vaccine, there is a risk of adverse side effects causing need for treatment or permanent damage.
- ② In order to receive the vaccine, you must give consent on your own volition after having fully understood the potential benefits of getting vaccinated (efficacy) and the risks, including the possibility of adverse side effects, that may be involved (safety).

Please refrain from directly or indirectly coercing your colleagues and others around you to receive the vaccine.

- ③ If you are currently recovering from a medical condition or if you have concerns about receiving a vaccine due to your health condition, please consult with your primary physician before deciding whether to get vaccinated.

## ◎ Individuals who are taking anticoagulant medication (“blood-thinners”) should note the following when receiving an intramuscular injection

It is possible to receive a COVID-19 intramuscular vaccine. However, please watch out for bleeding. Make sure to apply pressure on the injection site for at least 2 hours after receiving your shot.

For more information on the efficacy and safety of the COVID-19 vaccine, please visit the Novel Coronavirus Vaccines page on the website of the Prime Minister of Japan and His Cabinet.

Prime Minister of Japan and  
His Cabinet Novel  
Coronavirus Vaccines

Search



If you are unable to view the website, please contact your local municipality.